



Morgan's Healer's Kit

Kit measures 8" x 16" x 4". **Weight:** 10 lbs. **Minimum Cost:** 35g

1. Juniper Tincture- 1/2 gill - 24 uses - 2g 6c
Add 1/4 tsp. tincture to 8 oz. hot water and use to clean wounds. (Antiseptic)
2. Witch Hazel Tincture - 1/2 gill - 24 uses - 2g 6c
Moisten clean cloth with tincture and use to treat insect bites and wounds. (Antiseptic, emollient, refrigerant)
3. Pepper Oil - 1/2 gill - 24 uses - 8s 5c
Massage 1/4 tsp. oil into sore muscles or to add heat to cold limbs. (Liniment)
4. Belladonna Essence - 1 vial - 24 uses - 3g 6c

5. Alecost Essence - 1 vial - 24 uses - 3g 1c
Add drops of essence to 8 oz. warm water. See dosage chart for exact dose. (Sedative, pain killer, narcotic)
6. Irish Moss Poultice - 4 x 2 oz. packets - 4 uses - 9s 2c
Add small amount of boiling water to poultice. Apply to burn after cleansing thoroughly with Juniper or Witch Hazel Tincture. (Tissue regenerative)
7. Hyssop Leathers - 4 x 2 oz. packets - 4 uses - 1g 4s 8c
Add small amount of boiling water to leather to soften and apply poultice to bruised area. (Refrigerant, antiseptic, vulnerary)
8. Yarrow Tablets -16 tablets - 16 uses - 2g 2s
Take one tablet for pain. Maximum dose - 3 tablets daily. (Pain killer)
9. Hops Tablets - 16 tablets - 16 uses - 2g 2c
Take one tablet for pain. Maximum dose - 2 tablets daily. (Pain killer)
10. Betony Salve - 1 gill - 4 oz. 24 uses - 3g 5s 6c
Clean affected areas thoroughly and apply salve. (Tissue regenerative, stimulant, Elf Sickness remedy)
11. Flax Seed, Ground - 4 x 2 oz. packets - 4 uses - 4c
Add small amount of boiling water to contents of packet. Apply poultice to wound after cleaning thoroughly with Juniper or Witch Hazel Tincture. (Draw)
12. Agrimony - 2 x 2 oz. packets - 4 x 1 oz. packets - 6 uses - 4c
Add small amount of boiling water to 2 oz. packet and use as a poultice. Add contents of 1 oz. packet to boiling water, cool slightly, and use as either a wash or drink as a tea. (Tissue regenerative, antiseptic)
13. Alfalfon Salve - 1 gill - 4 oz. - 24 uses - 2g 2s 1c
Clean wounded area thoroughly with Juniper or Witch Hazel Tincture. Apply salve. Bandage. (Antiseptic, tissue regenerative.)
14. Calendula Ointment - 1 gill - 4 oz. - 24 uses - 2g 4s 8c
Clean and cool burned area. Apply ointment and bandage lightly. (Tissue regenerative, emollient)
15. Valerian Salve - 1 gill - 4 oz. - 24 uses - 3g 7s 3c
Clean area well. Apply salve to alleviate pain. (Pain killer)
16. Alcohol - 1 gill - 4 oz. - 8 uses - 1s
Use alcohol to sterilize equipment and bandages. May be used as vinegar. (Antiseptic, refrigerant)
17. Vinegar - 1 jar - 8 oz. - 8 uses - 1c
Add 1 oz. vinegar to 8 oz. cool water and use to bring down fevers or to cool burns. (Refrigerant, antiseptic)
18. Dandelion Syrup - 8 oz. - 16 uses - 1g 2s
Take 1 tbsp. syrup as a tonic for wounded patients. (Tonic)
19. 4 rolls 4"x10' cloth bandages in sealed packets (laid over base) 2s 6c each.
20. 4 rolls 2"x10' cheesecloth bandages in sealed packets (laid over base) 1s 3c each.
21. 24 - 4"x4" squares cotton-filled pads in sealed packets (laid over base) 2c each
22. Appropriate measuring spoons and graduated measuring cup. 5c

Dosage Chart

(Note: All dosages can be mixed with 1/2 cup water, juice or wine, depending on your preferences.)

Patient Weight	Tincture	Infusion/Decoction	Powder (by weight)
0 - 10 lbs.	1/2 drop	1 tsp.	5 grains
10 - 20 lbs.	1 drop	2 tsp.	10 gr.
20 - 30 lbs.	2 drops	1 tbsp.	15 gr.
30 - 40 lbs.	3 drops	2 tbsp	20 gr.
40 - 60 lbs.	4 drops	3 tbsp.	25 gr.
60 - 80 lbs.	5 drops	1/4 cup	1 dram
80 - 100 lbs.	6 drops	5 tbsp.	2 dr.
100 - 120 lbs.	8 drops	6 tbsp.	3 dr.
120 - 150 lbs.	1/8 tsp.	1/2 cup (1 gill)	1/4 oz.
150 - 200 lbs.	12 drops	1-1/4 gill	5 dr.
200 - 250 lbs.	16 drops	1-1/2 gill	6 dr.
250 - 300 lbs.	18 drops	1-3/4 gill	7 dr.
300 - 400 lbs.	1/4 tsp.	1 cup (2 gill)	1/2 oz.
400 - 500 lbs.	3/8 tsp.	2-1/2 gill	9 dr.
500 - 600 lbs.	1/2 tsp.	3 gill	10 dr.
600 - 700 lbs.	5/8 tsp.	3 -1/2 gill	11 dr.
700 - 800 lbs.	3/4 tsp.	1 pint	12 dr.
800 - 900 lbs.	7/8 tsp.	4-1/2 gill	13 dr.<
900 - 1000 lbs.	1 tsp.	5 gill	4 dr.
1000 - 1500 lbs.	1-1/2 tsp.	5-1/2 gill	15 dr.
1500 - 2000 lbs.	2 tsp.	6 gill	1 oz.